

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

The Ruling on Making Tasbeeh and Takbeer While Going up (Inclines) and down (Declines) Outside of Travel

Author: Imaam Muhammad Ibn Saalih Al Uthaymeen (*rahimahuAllaah*)

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Translator: Mohammad Kouar



Q: It has come [in the Sunnah] that the Prophet (*sallallaahu 'alayhi wa sallaam*) would make Takbeer (i.e. Allaahu Akbar) while rising to a high place and make Tasbeeh (i.e. SubhaanAllah) while going down into a valley; is this Tasbeeh and Takbeer specific to travel, or can one make Tasbeeh and Takbeer, for example, while going up (and down) in his house to the second and third floors?

A: The Prophet (*sallallaahu 'alayhi wa sallaam*) - in his travels - used to make Takbeer while going up and make Tasbeeh while going down. And this is because the one who is on a high place or platform might hold himself in greater esteem or respect and feel that he is great. So it is appropriate that he makes Takbeer and says 'Allaahu Akbar'. As for the one going down, then he is lowered so it is appropriate that he glorifies Allaah The Most High due to this lowliness, this is what is appropriate.

Thus, it is has **not** come in the Sunnah that he (*sallallaahu 'alayhi wa sallaam*) did this in his place of residence. Acts of worship are built upon Tawqeef (meaning to stop where the text stops) and that (we) limit (ourselves) to that which has been authentically narrated. Upon this (principle), if a person goes up a floor in his house he does **not** make Takbeer, nor Tasbeeh when going down a floor; verily this only done during traveling.

